



**FEDERAL MANAGERS ASSOCIATION  
MANAGEMENT TRAINING SEMINAR**

Tuesday, March 28, 2023  
Hilton Alexandria Old Town  
Alexandria, Virginia

- 7:00 AM Breakfast
- 8:00 AM Welcome and Announcements
- 8:05 AM **Change Management**  
Jason Sargent, President, Chapter 6, Portsmouth Naval Shipyard
- 8:50 AM BREAK
- 9:00 AM **Navigating the Complexities of Title 5 Leave Programs**  
Barbara Haga, President, Federal HR Services, Inc.
- 9:55 AM BREAK
- 10:05 AM **Navigating the Complexities of Title 5 Leave Programs (*continued*)**  
Barbara Haga, President, Federal HR Services, Inc.
- 11:00 AM BREAK
- 11:10 AM **The Changing Nature of Work and the Future of the Federal Workforce**  
Mika Cross, Federal Workplace Expert
- 12:00 PM CLOSING REMARKS
- 12:10 PM **FMA Awards Luncheon**
- 1:30 PM **Depart for Tour of Library of Congress**  
*Transportation on Your Own*
- Afternoon **Tour Library of Congress**