

The Monthly Meeting: Held Jan 8th speaker NNSY Commanding Officer Captain Kai Torkelson

NNSY America's Shipyard



Newsletter Editor Past President Andy Anderson

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Vísít the Federal Managers' Association Web site <u>www.fedmanagers.org</u>

From the President

Our guest speaker at the January 8 monthly meeting was our Shipyard Commander, Captain Kai Torkelson. The CO talked about our wins as a shipyard last year with the La Jolla MTS conversion, the Wyoming completing milestones, NNSY completing emergent work and the 100th anniversary of dry dock #4.

Harry Tew has retired and he has joined our chapter as a "Lifetime Member". We welcomed twenty-nine new members at the meeting and they are:

Ebony Manier	C999
Alix Anthony	C990
Michael Glass	C900T
Anthony Jones	C300N
Guarionex Malavelopez	C300
Jackie Work	C930N
Andrew Kirby	C2320
Billie Schmidt	C105.3
James Broom	C530
Michael McKnight	C970
Joseph Doughtie	C960
Linnora Brown	C960
Aisha Wood	C930
Mark Harris	C990
Tayari Johnson	C930
Stephanie Seelen	C920
Richard Bundy	C960
John Boyd	C900T
Charles Bodie	C930
Pamela Bell	C900T
Russell Guthrie	C132
Sharon Brown	C1120
Autumn Pittard	C105.3
Rashaan Wilson	C990
Daniel Moore	C920
Anthony Cross	C361
Anthony Turner	C900T
Jeremy Sheppard	C300N
Mark Brown	C137
Antonio Tyson	C960
Shauna Jones	C300
Brenda Cook	C227

Congratulations to the newest members of the oldest, largest and most influential Managers Association in the Federal Government.

If you know of a Chapter 3 member who has retired, please remind them of the "Lifetime Membership" option to remain a Chapter 3 member. The member pays a one- time fee of \$125.00, our chapter matches that amount, and they are now a Chapter 3 member for life. Have them contact any Executive Board Member for more information.

Thank you to all of our Chapter members who sent action letters to our representatives this year. At the beginning of 2019 there was talk of a pay freeze for Federal Workers for 2020. As you know, we received a pay raise of 2.6% and a locality increase of .5%.

Our National Convention this year is March 29-April 2 in Alexandria Virginia. Our Legislative Secretary, Jessica Younger, is currently scheduling meetings with our elected representatives from the House and the Senate and we will meet with them on April 1 to discuss the issue briefs that affect Federal Workers.

If you are interested in buying a FMA Chapter 3 jacket, we are now taking orders for them. The member pays \$30 and the chapter pays \$20. The flyer with more info is attached within this newsletter.

Thank you for your service to NNSY, the men and women of our armed Forces and your continued dedication to the Federal Managers Association.

Craig Carter Chapter 3 President Nation Vice President

A Note from MAGGIE:

Here is something you might want to start the year out thinking about.

The start of the new year brings with it the possibility of improving your retirement readiness. With that in mind, here are some items you might want to put on your to-do list. **Put away more in savings.** There was a generous federal <u>pay raise this year of 3.1%</u>. That may present an opportunity to increase your Thrift Savings Plan investments. The elective deferral limit for this year is \$19,500. Over 26 pay periods, that works out to a \$750 payroll deduction. The limit applies to the combined total of traditional and Roth contributions. The maximum amount of catch-up contributions that can be contributed annually by participants in their 50th year or older is now \$6,500.

Since we are already a few pay periods into this year, you may have to adjust your withholding accordingly. The TSP provides a helpful <u>fact sheet</u> for computing this amount. Beginning in 2021, you will no longer need to make <u>separate elections for catch-up contributions</u>.

Consider rebalancing your TSP. Even if your portfolio delivered great <u>returns last year</u>, you may want to make sure you're properly diversified among three stock index funds (C, S, and I) as well as the G and F funds. Have you considered using the L (lifecycle) funds? In 2019, 43% of TSP participants took advantage of the hands-off approach these funds offer, up from 37% in 2018.

Watch for guidance on the SECURE Act. This law, which took effect Jan. 1, changes rules regarding minimum distributions from retirement plans. The TSP hasn't issued guidance on implementation of the law yet. In the meantime, <u>this Forbes article</u> covers the basics.

Watch some videos. Among the new videos on the <u>TSP YouTube channel</u> are <u>The Real TSP!</u> and <u>TSP</u> <u>Post-Service Withdrawals</u>, hosted by TSP educators. Whether you're new to government, are currently serving the country in the United States or abroad, or are already into your retirement years, these podcasts have something for you.

Learn the latest Social Security numbers. The maximum taxable wage limit for 2020 is \$137,700, up from \$132,900 in 2019. This is the amount of your income that is subject to the 6.2% Social Security tax. If you are under the <u>full retirement age for Social Security</u>, the earnings limit for 2020 is \$18,240. Your Social Security benefit will be reduced by \$1 for every \$2 you earn over the limit. This is why most people don't apply for Social Security at age 62 if they are still working.

Beginning the month, you reach your full retirement age, there is no earnings limit. This means if you are working, you can file for Social Security retirement or hold off on applying to earn<u>delayed</u> retirement credits. The same earnings limit applies to Federal Employees Retirement System retirees who receive the <u>FERS annuity supplement</u>.

Pay attention to Medicare premiums. The standard <u>Medicare Part B premium in 2020 is \$144.60</u> per month. Most people pay the standard amount. If your modified adjusted gross income as reported on your IRS tax return from two years ago is above a certain amount, you must pay the standard premium and an Income Related Monthly Adjustment Amount.

If you or your spouse are still working at age 65 and carrying health insurance through current employment, remember that you can delay enrollment in Medicare Part B without a late enrollment penalty. There's an eight-month special enrollment period starting the month after you or your spouse's employment ends.

Maggie is the present Retiree Rep.

(Maggie was Past Financial Secretary and also the Angel in Shop Personnel that was a God send to any of us working in resources at that time.)

A Note from Steve

The 10,000-Day War at Sea: The U.S. Navy in Vietnam, 1950-1975 By Steve Milner

In past articles for our NNSY/FMA newsletter, I've written about military museums, including the Mariner's Museum and the Virginia War Museum, both in Newport News, the Portsmouth Naval Shipyard Museum at the foot of High Street and the St. Mary's Submarine Museum near our Navy's King's Bay, Georgia facility.



And now, I've devoting this article to revisiting our Navy's outstanding museum located in Nauticus, in Norfolk. This museum recently opened its new exhibit, one that fills half of its permanent gallery and is titled, "The 10,000 Day War at Sea: The U.S. Navy in Vietnam. 1950-1975.



The U.S. Navy reused this World War 1 recruiting poster during the Vietnam War.

This exhibition covers aspects of the Navy's role in Vietnam, including its participation of its surface forces, riverine patrols, air power, logistics and intelligence activities.



Riverine boats played a major role in the U.S. Navy's "brown water" Vietnam operations.

According to this museum's director, John Pentangelo, said that in addition to numerous exhibits, his staff collected oral histories of Navy veterans who live in the Hampton Roads area and who served during the Vietnam War. These personal stories—known as Voices from Vietnam," are shown on television screens located at this museum, and are included in the Veterans History Project at the Library of Congress.





"The service of more than 1.8 million Sailors empowered the United States military in virtually every aspect of the war—at sea, on land and in the air. Their experience had lasting effects on the Navy that are still with us today," Pentangelo said. This exhibit will explain what our Navy did in Vietnam.



Navy hospital corpsmen served on ships, on bases and attached to U.S. Marine fighting units. In this display, a Navy nurse comforts a wounded service member. Though there's no cost to visit the Navy's Hampton Roads Naval Museum, it doesn't include admission to other exhibits and presentations at Nauticus, including visiting battleship USS Wisconsin (BB 64)

The Hampton Roads Naval Museum is one of 10 museums operated by the Naval History and Heritage Command. This museum is open from 10 a.m. to 5 p.m. on Tuesdays through Saturdays, and from noon to 5 p.m. on Sundays. For additional information you may call 322-2987.



Steve Milner Past PAO NNSY.

A Note from Jim

Five ways to make a difference in FMA

Amazing things happen within the Federal Managers Association daily. Every member is an important part of this group and without the individual contributions exhibited continually FMA would

not be an influential partner in Legislative Director and Staff in our Association the dedicated of the legislative initiative. As you can continue to be a



the federal sector. While the presents of our National the DC area has greatly contributed to the success of efforts of our individual members are the back bone an individual member of FMA, consider the five ways significant force in the Association.

Take your rightful place in the Association. Attend meeting, conferences and conventions. Assist with and join in the zone conference calls. Contact your Chapter President for the scheduling of conference call and meetings. While the real work of FMA may be accomplished in the hall of congress your informational input and day to day activity are of great value. During meeting, conferences and conventions members share ideas, experiences and network. Take your rightful place in the Association. **Boost the enthusiasm of fellow members**. Every one of us is busy. Our schedules are full with activities, requests and commitments. The time you spend planning, engaging and contributing to the Associations message will pay dividends toward work-life improvement, pay benefits and retirement compensation. Take some time to join into an FMA activity and rejuvenate.

<u>Share your story</u>. This Association is a wealth of experience, talent and knowledge. Our members are employed within 37 different Government agencies, located in almost every State in the Union and FMA has Chapters and members overseas. While agency rules and regulations may be different, FMA members manage people. Share with the membership your story. In most cases it will be beneficial to others.

Build it, serve it and be part of it. Chapter 3 has regular monthly meetings, try to attend them. Prior to the monthly gathering your elected members of the executive board contact the National Office for the latest news and information. During the monthly meetings, they share this information with you and the membership. Be informed, stay informed, attend the monthly meetings.

Help FMA grow. Don't be shy about asking people to join. This Association might be the informational home they are searching for. Be enthusiastic, people want to be on a winning team, they want to be part of success and FMA has had many successful endeavors in the legislative arena. Share the FMA magazine, distribute the Washington Report to others as an informational and recruitment tool, visit the web site and view the latest initiatives and accomplishments of the Association. If you have any questions contact a member of the chapter executive board, they do enjoy hearing from the members.

Together we will grow "one by one"

James Mahlmann Retiree (Past FMA National Vice President, Past Chapter 3 President)

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Amount enclosed: \$

check/cash (Circle one)

Jackets are \$50 (member pays \$30/chapter pays \$20)



Submit payment and order form to Craig Carter Contact: (757)646-6076 or craig.carter@navy.mil

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AUTHORIZATION OF VOLUNTARY ALLOTMENT FOR PAYMENT OF EMPLOYEE ASSOCIATION DUES



Federal Managers Association

Membership Application

UPON COMPLETION, THIS FORM BECOMES SUBJECT TO PROVISIONS OF THE PRIVACY ACT PLEASE PRINT CLEARLY *FOR PAYROLL DEDICTION ONLY

Name of Employee	Badge No.	SSN						
Home Address Including 9 Digit Zip Code (found or	n vour driver's license)							
	n your unver s neense)							
*Agency/Code/Department:								
Name of Employee Organization: Federal Manager								
	Chapter 3							
Noi	rfolk Naval Shipyard P.O. Box 1232							
Po	rtsmouth, VA 23705							
I hereby authorize the above-named agency to deduc regular dues of the Federal Managers Association, C employee organization in accordance with its arrang the amount to be deducted, which is certified by the structure.	Chapter 3, Norfolk Naval Ship ements with my employing ag	yard and to remit such amounts to that gency. I further authorize any change in						
Employee signature:	Date	Recruited By:						
E Mail Address (work):		Phone #:						
E Mail Address (personal):								
NEW CHAPTER MEMBER								
RETIRED MEMBER								
(Annual dues for the Retired Member shall be submitted with this application)								
ADDRESS CHANGE								
SECRETARY'S SIGNATURE		(Artisha Ballard)						
-	form to whoever invited you or ma l Managers Association Ch. 3	il to:						

P.O. Box 1232 Portsmouth, VA 23705