

The Monthly Meeting: Held July 10th Our guest speaker was the Federal Managers Association President Renee Johnson.



Newsletter Editor Past President Andy Anderson

In this issue:

Page 2-4	From the President
Page 5-6	A Note from Maggie
Page 7-12	A Note from Steve
Page 13-14	A Note from Jim
Page 15	FMA Calendar 2019
Page 16	FMA Membership Application

Vísít the Federal Managers' Association Web site <u>www.fedmanagers.org</u>

From the President

At our July monthly meeting our guest speaker was the Federal Managers Association President Renee Johnson. Renee spoke of how well FMA is received and held in such high stature in D.C. She had just returned from a meeting that she was invited to attend with the Merit Staffing Protection Board (MSPB) to answer questions about how new proposed procedures would affect Federal Workers. She also spoke of how well the relationships are with our Elected Representatives and the FMA National Office and our Government Affairs Representatives. Renee and I also had a great meeting with our Executive Officer, Captain Daniel Rossler the afternoon of our meeting. The XO told us how grateful he was for the things FMA did to help our local communities, NNSY and all Federal workers and that he wanted us to be even more involved at NNSY.

We accepted twenty- eight new applications at the meeting that night and those new members are:

Nick Campbell C960 Jason Whiteford C950

Lateisha Robinson C740 Donyell White C950

Cynthia Williams C950 Jessie Tullis C930

Ebony Perry C700 Littleton Hurst C960

James Walace C970 Phillip Roach C700

Rebekah Pascouau C926 Richard Neupert C950

Shelia Witherspoon C970 Alvin Wilson C926

Shayla Guerrero C990 Angel Panchana C950

Stephanie Monnseratt C990 Yashica Hamlin C960

Victoria Lancaster C990 Patricia Elliott C990

Bryan Hendricks C930 Terry Hancock C930

David Hunt C930 Audrey McCloud C229

Kristen Williams C2350 Randal Arrington C300N

Hattie Johnson C229 Cedric Jones C960

We also recognized Mr. Eric Butler who just retired and became a lifetime member of FMA.

When you see these members congratulate them on being the newest members to the oldest, largest and most influential managers association in the federal government today.

We also had our drawing for the five-\$500.00 scholarships for dependents of chapter 3 members and the winners were;

Scholarship winner FMA Member

Tiana Holmes- Robin Stevens

Jordan Young- Tracey Young

Jonathan Echols II – Jonathan Echols

Vincent Echols- Jonathan Echols

Tiera Washington- Donte 'Owens

Our next event will be the August Crab Feast at Shelter #1 at Scott's Center at 1530 on August 14th. Our National Director, Todd Wells will be attending this event. The menu will be:

Steamed Blue Crabs

Hamburgers

Hot Dogs

Water/ Soda's and Adult Beverages

This event is for current members only. We do not allow prospective members to attend this event because it is not an official meeting.

We are currently collecting food for the Food Bank of Southeastern Virginia. Donations will be collected through August 14th in the areas below and we will also accept donations at the Crab Feast. Mr. James Day is the POC for this and can be reached at 617-7546.

The locations where boxes are located and the POC's for each area are;

B-202 Jessica Younger 374-6699

B-1505 James Day 617-7546

B-163 Craig Carter 646-6076

B-298 Jeris Smith 771-6673

Thank you for all you do for the men and women of our armed services, our communities, NNSY and FMA.



Federal Managers Association

Help Us Collect Non-Perishable Food to donate and help those who are in need from now until

August 14th



Donations will be delivered on August 15th to the food Bank

Thank you so much for helping others!!!

POC James Day- 617-7546

Donation Boxes are located at the following locations:

B-298 1 st floor X-99 planning office Jeris Smith 771-6673						
B-163 C-361 Mock-up are	ea Craig Carter	646-6076				
B-1505 2 nd floor C-300	James Day	617-7546				
B-202 X-56 Office	Jessica Younger	374-6699				

A Note from MAGGIE:

There are many reasons people may want to take Social Security early. They are reasons not to wait for large payments when you are older.

Many people decide to claim their Social Security retirement benefits at age 62—or when they stop working, if they're older than 62. According to recent <u>Social Security statistics</u>, 70% of the 42.4 million retired workers receive reduced benefits because of taking them before their full retirement age.

Earlier this year, I wrote about the decision on when to claim Social Security in two columns: <u>Weighing the Social Security Benefit Decision</u> and <u>Can You Count on Social</u> <u>Security?</u> Although it's common to point out why it might make sense to delay taking Social Security benefits, there are legitimate reasons some people claim their benefits sooner rather than later.

The biggest one is because if not claiming your benefit means you won't be able to afford to retire. By all means, don't sacrifice your financial security early in retirement in hopes of a larger payout later. Do your calculations carefully, though. Although your Social Security benefit along with your federal retirement benefit might provide adequate income, remember that you also should have Thrift Savings Plan investments. They could bridge the gap between when you retire and when you start collecting Social Security. You might decide that by taking larger payments from your TSP for a few years, you can reduce the withdrawals when the time arrives to claim Social Security.

Additionally, Social Security benefits are a little more tax-friendly than withdrawals from your traditional retirement savings, so delaying Social Security and increasing the payout from your retirement savings a little between 62 and 70 could pay off in lower tax bills in your later years.

Another legitimate reason to claim early is to allow <u>family members to receive benefits</u> based on your work record. Your spouse or child could receive a monthly payment of up to half of your full retirement benefit amount if they qualify. If your spouse doesn't have an earned Social Security benefit of their own, or if their benefit is smaller than half of yours, this may be a consideration when it comes to claiming.

According to Social Security, of the 25 million women aged 65 or older who were receiving benefits as of December 2017, 13.3 million (52.5%) were entitled solely to a retired-worker benefit. About 6.7 million (26.5%) were dually entitled to a retired-worker benefit and a wife's or widow's benefit, and about 5.3 million (21%) were receiving wife's or widow's benefits only. According to recent statistics, 2.9 million children under 18 received benefits, including 337,000 children of retired workers.

Payments to your family will not decrease your retirement benefit. In fact, the value of the benefits your family may receive, added to your own, may help you decide if taking your benefits sooner may be more advantageous.

If you are a widow or a former spouse, you can also explore benefits that your deceased spouse or exspouse has earned for you. In some cases, you may be able to claim these benefits based on their work record and delay the benefit that you've earned for yourself.

If you're eligible for retirement benefits (but haven't applied yet) and also eligible for widow's benefits, you can apply for retirement or survivors benefits now and switch to the other (higher) benefit later.

For those already receiving retirement benefits, you can only apply for benefits as a widow or widower if the retirement benefit you receive is less than the benefits you would receive as a survivor.

If you became entitled to retirement benefits less than 12 months ago, you may be able to withdraw your retirement application and apply for survivor benefits only. If you do that, you can reapply for the retirement benefits later when they will be higher.

If you were born before Jan. 2, 1954 and have already reached <u>full retirement age</u>, you can choose to receive only your current or divorced spouse's benefit and delay claiming your own retirement benefit. If you were born later than that, the option to take only one benefit at full retirement age is no longer available. If you file for one benefit, you will be effectively filing for all retirement or spousal benefits. The amount of benefits you receive as a divorced spouse has no effect on the amount of benefits your ex-spouse or their current spouse can receive. GOVEXEC.COM 7/18/19

Maggie is the present Retiree Rep.

(Maggie was Past Financial Secretary and also the Angel in Shop Personnel that was a God send to any of us working in resources at that time.)

A Note from Steve

Apollo 11 captured world's attention 50 years ago



The Apollo 11 mission logo was widely circulated throughout the nation

Fifty years ago, on July 20, 1969, the world watched in amazement on their television sets as Apollo 11 astronauts Neil Armstrong and Edwin "Buzz" Aldrin walked, and hopped, on the lunar surface. They were the first-person s from Planet Earth to explore its mysterious satellite. In achieving this incredible feat, America had won the space race over the Soviet Union to land men on the Moon and return them safely to Earth, as President John F. Kennedy had challenged our nation to do, eight years earlier, before the end of the 1960s.

Apollo 11 was the first of five additional American manned lunar landings. The Apollo 8crew, according to plan, only circled the Moon on Christmas Eve in 1968. Its crew included Mission Commander Frank Borman, James Lovell and William Anders. And Apollo 13—instead of landing on the Moon, had to loop around it in April 1970, when an explosion in their spacecraft's service module occurred during their journey to Earth's neighbor, 240,000 miles from our planet. The Apollo 13 crew consisted of Mission Commander James Lovell, Jack Swigert and Fred Haise. Those of you old enough to remember this near-tragedy will recall that the Apollo 13 crew moved into its very chilly lunar module landing vehicle to conserve its mother ship's power, following this very dangerous mishap

Fortunately, the trio returned safely to earth due to their superior flight skills, and thanks to unprecedented engineering problem-solving techniques at Mission Control in Houston. The thing most of us will remember about Apollo 13 was when Lovell told Mission Control, "Houston, we've had a problem here," when there was an explosion in the spacecraft's service module.



Apollo 11 Mission Commander Neil Armstrong suits at the Kennedy Space Center for his historic launch to the Moon with crewmates Edwin "Buzz" Aldrin and Michel Collins.



In addition to practicing their lunar missions in earth simulators, astronauts deployed experiments and picked up simulated Moon rocks on a sandy field at the Kennedy Space Center. In this view, Apollo 16 astronaut Charles Duke trains for his mission, as Florida/USA Today space reporter, Sanders LaMont, talks with this article's author, Steve Milner, who was escorting the veteran newsman on site for NASA. **Back to Apollo 11:** This crew was launched four days earlier, on July 16, aboard a 36-story-tall Apollo/Saturn V space vehicle, propelled skyward by seven-and-a-half million pounds of thrust.



Generating seven-and-a-half million pounds of first-stage thrust, the Apollo 11 space vehicle lifts off on the first leg of its 240,000-mile journey to the Moon.



Some of the 3,500 accredited news personnel watched the Apollo 11 liftoff from the press site, located three-anda-half miles from the launch pad.

After orbiting the Moon, Armstrong and Aldrin transferred into their lunar module, call sign "Eagle." and descended to the Moon's surface. Upon arriving, Armstrong announced to Mission Control and the world, "Tranquility Base here, the Eagle has landed." After resting for several hours, Armstrong climbed down the lunar module's ladder to the Moon's surface, saying, "That's one small step for man, one giant leap for mankind." This comment set off a decade's-old controversy as to whether he meant to say, "That's one small step for *a* man..." There's speculation that the *a* might have been lost in his transmission.



This is the iconic photo Neil Armstrong took of crewmate Edwin "Buzz" Aldrin on the Moon.

Armstrong and Aldrin spent 21 hours on the lunar surface, while the third astronaut, Collins, piloted the command module, call sign "Columbia," overhead in orbit. Armstrong and Aldrin gathered 40 pounds of lunar rocks and took soil samples to assist geologists back on earth researching clues about the origin of our universe. They also planted an American flag and took numerous photos, including the iconic view of Aldrin and his spacesuit's gold visor that reflected Armstrong's image—an image that became synonymous with their pioneering mission.

Armstrong and Aldrin also left a plaque on a leg of their lunar module's descent stage that had the following inscription:

Here men from the planet Earth First set foot upon the Moon. July 1969 We came in peace for all mankind

The Apollo11 crew signed this plaque along with then-President Richard Nixon, who telephoned his congratulations from the White House Oval Office. Armstrong and Aldrin also left on the Moon an Apollo 1 mission patch, memorializing the launch pad deaths of astronauts Gus Grissom, Edward White and Roger Chaffee during a spacecraft test. And they left medals honoring the late Soviet Union cosmonauts Yuri Gagarin and Vladimir Komarov.



The Apollo 11 crew splashed down in the Pacific Ocean 900 miles southwest of Hawaii, eight days after the start of its successful Moon launch. As a precaution of possibly spreading "Moon germs" the astronauts wore respirators when they exited their spacecraft.



It was all smiles at the Mobile Quarantine Facility aboard Apollo 11's primary ship, the aircraft carrier, USS Hornet (CVS- 12), as then U.S. President Richard Nixon greets the flight crew through protective glass the astronauts, left-to-right, are Mission Commander Neil Armstrong, Michael Collins and Edwin "Buzz" Aldrin.

Following the Apollo 11 crew's return trip to earth, their spacecraft splashed down on July 24 900 miles southwest of Hawaii. Wearing respirators so they didn't spread possible lunar germs—which later turned out not to be the case—the crew was flown by helicopter to the Navy's prime recovery vessel, the aircraft carrier USS Hornet (CVS-12), where they immediately entered the Mobile Quarantine Facility as a further precaution to prevent possible lunar contamination. President Nixon welcomed the Apollo 11 astronauts aboard USS Hornet, along with Pacific Fleet boss, Admiral John McCain, Sr., father of the future U.S. Senator John McCain, who would be shot down and imprisoned in North Vietnam a few months later.

The astronauts spent a few days quarantined in this trailer, undergoing medical tests, prior to being flown to a more spacious isolation area at the Houston space center.

Following their lunar flight and world tour, Armstrong retreated from public appearances and taught engineering subjects for several years at the University of Cincinnati. He died at the age of 82, following complications from heart surgery; his ashes were scattered at sea and a lunar crater was named for him.

Aldrin, 89, who strongly advocates for our nation to have a more rigorous space program and to send astronauts to Mars, was a front-row guest at President Donald Trump's 2019 State of the Union Address. He legally changed his first name to "Buzz," in the 1980s and retired from the Air Force as a colonel. He has a doctorate in astronautics from Massachusetts Institute of Technology

Collins, 88, retired from the Air Force as a major general and was later an Assistant Secretary of State for Public Affairs, the director of the National Air and Space Museum, an undersecretary at the Smithsonian Institution and eventually an aerospace company executive.

During this July, there will be television programs, films, numerous publications, lectures, exhibits and other reminders of Apollo 11's historic mission. I saw one of these movies, "Apollo 11," a documentary of related historical news footage of that time. It contained views of people I had worked with, or knew of, during my decade associated with our early space program at Cape Canaveral and the Kennedy Space Center. I didn't see another related popular movie, "First Man," which Armstrong's son said was an accurate docu-drama of Armstrong's family life.

As a NASA public affairs contractor, I was pleased to not only have supported our first manned lunar-landing mission, but 19 other manned space flights during the Gemini, Apollo and Skylab programs. During these missions I was NASA's principal caption writer, when we released mission photos to the world's media, in real time, from the famous Florida spaceport.

I might have played a minor role in NASA's various manned and un-manned space programs, but it's still something I'll always remember in being a part of American history.

Steve Milner Past NNSY PAO.

A Note from Jim

10 Tips That Make Complex Leadership Ideas Really Simple

LEADERSHIP IS A CHOICE-AND IF YOU CHOOSE TO RISE TO THE OCCASION, YOU'LL NEED TO APPROACH IT THOUGHTFULLY AND INTENTIONALLY.

- Leadership is a choice. Sometimes the need to lead is thrust upon you. When this happens, you can rise to the occasion or let someone else take charge. Either way, you live with the consequences of that decision. If you choose to rise to the occasion, do it deliberately and with forethought of action. Don't just wing it.
- 2. **Dedicate yourself to being open to learn new things.** Sometimes leaders forget how to listen and learn. Don't fall into that trap. You don't have to have all of the answers all of the time.
- 3. Welcome those who can coach and teach. Even world-class athletes have coaches. Surround yourself with people who can make you better. So, accept your Yoda.
- 4. **A foolish student laughs at knowledge.** Begin to look backwards to inform your outlook for the future. Gain a full understanding of where your organization or group is today and how it got there, so that you can define a path forward that is right for the current situation.
- Leadership styles don't discriminate. Poor leaders come in many shapes and sizes. Regardless of appearance, a poor leader will wreak havoc on any group or organization of which they are allowed to lead.
- 6. **Deceitful leaders will destroy all trust within an enterprise or other group.** Once trust deteriorates, the culture becomes cut-throat as each team member begins to follow suit.
- 7. It's almost never too late to right the ship. Even when the situation looks dire and the challenges insurmountable, there may be a path to success that can be discovered through creative thought and perseverance.
- 8. When confronted by setback, good leaders dust themselves off and carry on. It's the only way to succeed. Surely, not every facet of your execution will go flawlessly! Take difficulties in stride and watch how your people follow suit.

9. A vision is best presented as a story that people can relate to. From an early age, we have all learned to learn through stories. Present your vision as a story that your people can imagine being part of and personally succeeding through and you will engage them in the process of making that story a reality.

10. **A leadership void will always be filled.** If you don't step-up someone else will and the outcome may not be what you prefer or expect.

Together we will grow "one by one"

James Mahlmann Retiree

(Past FMA National Vice President, Past Chapter 3 President)

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27 - Memorial Day	30	04 – Independence Day	14 - Crab Fe
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
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9 30 02 - Labor Day	27 28 29 30 31	24 25 26 27 28 29 30 11- Veteran's Day - Holiday	25 - Christmas
	14 – Columbus Day	28 – Thanksgiving Day	No Meeting/Christmas Pr

AUTHORIZATION OF VOLUNTARY ALLOTMENT FOR PAYMENT OF EMPLOYEE ASSOCIATION DUES



Federal Managers Association

Membership Application

UPON COMPLETION, THIS FORM BECOMES SUBJECT TO PROVISIONS OF THE PRIVACY ACT PLEASE PRINT CLEARLY *FOR PAYROLL DEDICTION ONLY

Name of Employee	Badge No.		SSN					
Home Address Including 9 Digit Zip Code (found on your driver's license)								
*Agency/Code/Department:								
Name of Employee Organization:	Federal Manager Chap Norfolk Nav P.O. Bo Portsmouth,	ter 3 al Shipyard x 1232	1					
I hereby authorize the above-named agency to deduct from my pay each pay period, \$7.00, the amount certified as the regular dues of the Federal Managers Association, Chapter 3, Norfolk Naval Shipyard and to remit such amounts to that employee organization in accordance with its arrangements with my employing agency. I further authorize any change in the amount to be deducted, which is certified by the above-named employee agency as a uniform change in its dues structure.								
Employee signature:	Date		Recruited By:					
E Mail Address (work): E Mail Address (personal):		Phone #:						
NEW CHAPTER MEMBE RETIRED MEMBER (Annual dues for the Retired Member shate) ADDRESS CHANGE		plication)						
SECRETARY'SSIGNATURE Return	completed form to wh							

Return completed form to whoever invited you or mail to Federal Managers Association Ch. 3 P.O. Box 1232 Portsmouth, VA 23705